



Our Continuum for Effective Learning Skills, Wellbeing and Involvement into KS1

Engagement, Enjoyment and Exploration					
Stages	Finding out and exploring	Playing with what I know	Being willing to have a go		
	I am curious about objects, events and people	I pretend with objects	I initiate activities		
	I use my senses to explore the world around me	I represent experience when I am playing	I seek challenges		
	I engage in open ended activities	I pretend to be someone else when I am playing	I have a 'can do' attitude		
Bronze	I show particular interests	I act out things with my friends, family and teachers	I take risks, engage in new activities and learn from 'trial and error'		
	Finding and exploring more	Extending my play beyond me	Becoming more Resilient		
	I am beginning to follow instruction and direction to find out more	I pretend and play purposefully across a range of resources and activities	I can start activities and complete them after a longer period of time		
	I can express interest and involvement in many areas of learning	I can use my previous experiences to explain new activities	I am positive about new experiences		
	I have a growing awareness and respect for a wider world	I can pretend to be someone else in play and include others within that	I can recover from difficulties or unexplained situations		
Silver	I can find and use resources and tools to help me explore	I can work with others as part of a group, letting them have turns and ideas too	I can work with others as part of a group without		
	Discovering and Achieving	Learning Together	Sustaining Perseverance		
	I relish experiencing new sights , places and people beyond the familiar	I can lead others and help others in my group, others enjoy getting help from me	I am able to sustain interest in learning over a whole learning sequence		
	I enjoy these new experiences and use them shape my own broader views	I act and think with respect , kindness and fairness for all people	I know that mistakes are part of learning and enjoy reflecting on them		
	I am able to research and find out more	I can take open ended ideas from adults around	I can quickly repair and recover from difficulties and		
Gold	on my own through pleasure of learning	me and make and explain my own ideas around them	know that I can do something if I keep trying		





Motivation, Attention and Self esteem						
	Being involved and concentrating	Feeling ,talking, understanding	Enjoy achieving what I set out to do			
	I can focus on an activity for a period of time	I can talk about what I know to myself and others	When I meet a goal I am satisfied			
	I find some things fascinating	I am able to name and describe many things around me and from what I experience	I am proud of how I do things (not just the end result)			
930	I am not easily distracted	I am beginning to learn new words and use them	I enjoy challenge for my own sake, not just for praise and rewards.			
Bronze	I pay attention to details	I can describe a simple range of feelings	I can find enjoyment in learning at home and school			
	Developing attention	Linking language and emotions	Being proud of myself and others			
	I can talk about what has just been said or read	I am able to explain how I feel with a range of adjectives and examples	I can talk about my strengths and weaknesses clearly and know myself well			
A CONTRACTOR	I can focus on something for a longer time and recall main points	I know a wider range of words to explain my emotions	I am happy to show and talk about my strengths to others			
	I do not let others interfere with my concentration	I have learnt more complex words to describe the world around me and I use them in extended sentences	I can encourage others to try and achieve			
Silver	I can find ways to continue paying attention	I think about others feelings as well as my own and I can talk about	I can ask for help from adults and friends and feel okay about this			
	Attention and Learning	Managing myself alongside others	Supporting others in our community			
	I can focus on something for a long time and recall many details	I can explain how I feel and how it is affecting me so that I can resolve issues	I can encourage others to be proud, confident and join in with activities and play			
	I can recall details quickly and also later on but remembering, rehearsing	I am able to recognise if I need to stop something and take some time out	I can think of ways to improve the routines and experiences for others as well as myself			
Gold	I can find ways to recall information by making notes/pictures	I am able to reflect on my emotions and begin to change some of my behaviours	I can help with roles and responsibilities to help others over time			





Thinking creatively and critically						
	Having my own ideas	Making links	Choosing ways to do things			
	I think of ideas	I notice patterns and make links between experiences	I plan how I will solve problems and I make decisions			
	I find ways to solve problems	I make predictions	I think about how well my activity is going			
Bronze	I think of new ways to do things	I test my ideas to see if they were correct or not	I change how I do things sometimes			
	I find the things to do them with	I think about grouping, sequencing and cause and effect	I think about how well my approach worked			
	Understanding my ideas	Developing my reasoning	Knowing about my thinking			
	I can tell you about my ideas and share them	I can observe and explain in words and pictures	I can work with another and explain my ideas			
	I can use what I know and make something of my own	I can complete multi step tasks	I can use different ways to learn - memory, reasoning, problem solving			
Silver	I can adapt my idea and make it better	I can use questions to find out and explore	I am able to set my own goals and targets			
	I can use a range of tools and resources	I can make more complex links across subjects	I can think of ways to help others achieve			
	Creating and communicating	Analysing the world around me	Thinking effectively			
	I am able to influence what others do with my ideas	I can consider beliefs and attitudes that differ to mine	I can take on different learning styles and know which I am good at and which I need support with			
0.210	I can learn from others and apply that to my own innovative idea	I can gather information and research and decide what is relevant	I can apply different sorts of thinking to different sorts of situations			
Gold	I can plan what I need and use the resources with skill to complete my idea	Carry out enquiry by exploring different events, phenomenon and experiences	I can decide which goals are best for me and how I am going to achieve them			