



Emily Riddington is a Level 3 Forest School Leader and qualified teacher. She has been employed by West Norfolk Academy Trust to bring an exciting new teaching approach to our schools. She will be delivering Forest School to the children at Heacham Infant, Heacham Junior, and Snettisham Primary School.

Our activities and Forest School sessions will depend on the interests, ability, and experience of individuals. Examples of Forest School activities include:

- Exploring the natural environment through their sense of 'awe and wonder'.
- Developing a relationship with the environment where children wish to learn how to nurture and manage the natural environment.
- Building dens and other structures to enrich their games and imaginative play.
- Fires and cooking on a campfire.
- Natural crafts.
- Using tools, such as knives and saws.
- Scavenger hunts and adventure.
- Team games.
- Den and shelter building.
- Seasonal activities.
- Storytelling, using the natural world to enable stories to come to life.



Forest School is a unique and inspirational learning process where children can develop their self-worth, while enriching all areas of their learning in a real-life context. It is a process that children are privileged to be a part of, where they use the natural environment to deepen their learning and take the time they need to reflect and be inspired. It is a hands-on learning experience, personalised for each child and motivated by their interests and passions. We believe that developing emotional intelligence, self-esteem and social skills are the key foundations that a person needs, and time is taken to develop these. During Forest School, children will be motivated and feel empowered to join in with new experiences. They can choose to participate in activities that challenge their individual aspiration, in ways that they learn best. In Forest School, children will develop an understanding and connection with the natural world, appreciating the rural surroundings that we live in. The children will have opportunities to work with tools, play, explore, and learn the boundaries of behaviour by managing risks.

Forest School is an approach that will enhance the creative, enquiry based teaching that already happens in the classrooms. It is another approach to help make our school a fun, memorable, and enjoyable place, with happy and successful life-long learners.

We will be outdoors in almost all weathers, so please provide your child with a 'Forest School kit' of old clothes to ensure they are dressed appropriately.

This could include;

warm clothes such as jogging bottoms and a jumper
gloves/hat
spare socks
old trainers or wellies

Waterproof trousers would also be fantastic if you are able to include these.



To join us on our amazing journey, please follow

Instagram: [forestschool_wnat](https://www.instagram.com/forestschool_wnat)



...and find more information on our school websites.

For more information please see Miss Riddington.

